

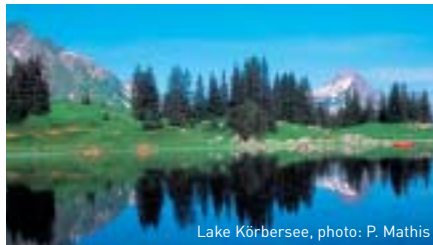
LONG-DISTANCE HIGH-ALTITUDE TRAILS – ACROSS VORARLBERG ON THE “VIA ALPINA”

Via Alpina is a new European culture and long-distance high-altitude trail. On five different variants, Via Alpina spans eight Alpine countries from Trieste to Monaco, from the Adriatic to the Mediterranean. Between Bavaria and Liechtenstein, Via Alpina runs right across Vorarlberg. It is a transversal route for sophisticated hikers wanting to explore the

diversity of natural and cultural landscapes in the country, taking them over mountains and valleys to the broad main valleys. A certain level of physical fitness is required for the trail over the Schadonapass. From Buchboden, the itinerary can be cut short by using the bus. Along the way, there are selected inns and comfortable hotels for accommodation.

Accommodation:

For day 1/arrival: Schröcken tourist office, tel. +43 (0)5519/267-10, info@schroecken.at
 For days 2 and 3: Alpenregion Bludenz, tel. +43 (0)5552/30227, alpenregion@bludenz.at
 For day 4 and following days: Feldkirch tourist office, tel. +43 (0)5522/73467, tourismus@feldkirch.at

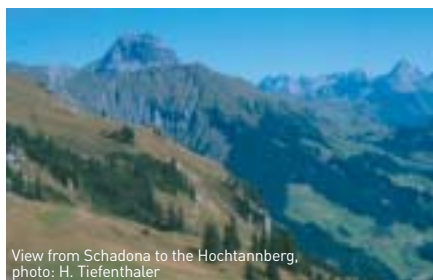


Lake Körbersee, photo: P. Mathis

Day 1: From Hochkrumbach to Schröcken

Walking time approx. 2.5 hours
 Start: Hochkrumbach, bus stop Gasthof Adler, 1675m;
 How to reach the starting point: regional bus No. 40 until 15.6. /No. 42 from 16.6.–7.10.2007
 Finish: Schröcken village centre, 1269m
 Difference in altitude: ascent 190m in total, descent approx. 500m.

Itinerary: The route starts at Hochkrumbach, leading first to the small church of St. Jakob at the Simmel lookout (1,740m), then over the 1,676m Hochtannberg pass to lake Körbersee and via the high-lying valley of Auenfelds and Batzenalpe (1,560m) to the small Walser settlement of Schröcken (1,269m).
Food & drink: Hochkrumbach, Körbersee, Batzenalpe (snacks during alp time), Schröcken



View from Schadona to the Hochtannberg, photo: H. Tiefenthaler

Day 2: From Schröcken via Schadonapass to Buchboden in the Grosses Walsertal

Walking time 6 3/4 hours
 Starting point: Schröcken village centre, 1,269m
 Finish: Buchboden village centre, 910m
 Difference in altitude: ascent approx. 950m, descent 1,080m
Itinerary: Take a leisurely stroll from Schröcken along the Bregenzerache river up to Landsteg and then uphill towards the Scha-

donapass. Here, Biberacher hut (1,846m) invites hikers to rest at a panoramic spot in the rearmost Grosses Walsertal. Instead of opting for the shortest route to Buchboden, we suggest that you take the high-altitude trail via the Fürkele (1,925m), Alpe Oberüberlut (1,585m) and the husbanded homestead maisäss Unterüberlut to Buchboden.
Food & drink: Schröcken, Biberacher Hütte, Buchboden



St. Gerold abbey, photo: Wolfensberg

Day 3: Buchboden – St. Gerold

Walking time 5 1/2 hours
 Starting point: Buchboden village centre, 910m
 Finish: St. Gerold abbey, 848m
 Difference in altitude: ascent approx. 390m, descent 450m
Itinerary: After the strenuous second day, first take a leisurely walk along the river Lutz on the regional Walser path. From the hamlet

of Garsella (735m), the next small Walser settlement in the valley, the route heads uphill across mountain pastures and the rough Waldbobel ravine to the village of Blons (903m) and then down to the wild Rütibobel ravine, before reaching the provostry of St. Gerold (848m) after a short ascent.
Food & drink: Buchboden, Garsella, Blons, St. Gerold



Feldkirch, photo: P. Mathis

Day 4: St. Gerold – Feldkirch

Walking time 5 3/4 hours
 Starting point: St. Gerold abbey, 848m
 Finish: Feldkirch centre, 458m
 Difference in altitude: ascent 140m, descent 580m
Itinerary: Follow the Walserweg trail through a ravine forest and grass-covered hills to the village of Thüringerberg (877m) at the be-

ginning of the Grosses Walsertal. Continue on the sun-exposed face of the Walgau to the idyllically perched villages of Schnifis (665m) and Röns (610m) to Satteins. From Schildried walk along the river Ill until, after passing Parzelle Stein and the Ill gorge, you reach the medieval town of Feldkirch (458m).
Food & drink: St. Gerold, Thüringerberg, Schnifis, Röns, Satteins, Stein, Feldkirch

